

PAUL KIRITSIS  
Curriculum Vitae



**Name:** Paul Kiritsis

**Place of birth:** Melbourne, AUS

**Citizenship:** Australian

**Residency:** USA, O-1A (Einstein) Visa

**Education**

|                                      |                                     |            |
|--------------------------------------|-------------------------------------|------------|
| BBSc (Behavioral Science)            | Latrobe University, Bundoora, AUS   | June, 2001 |
| GDip (Professional Writing & Speech) | Latrobe University, Bundoora, AUS   | Dec, 2005  |
| MA (Western Esotericism)             | Exeter University, Exeter, UK       | Dec, 2013  |
| MA (Psychology)                      | Sofia University, Palo Alto, USA    | Dec, 2017  |
| PsyD (Clinical Psychology)           | Sofia University, Palo Alto, USA    | Dec, 2018  |
| MScMed (Clinical Neurophysiology)    | University of Syd., Camperdown, AUS | Dec, 2022  |
| MScMed (Pain Management)             | University of Syd., Camperdown, AUS | Current    |

**Postgraduate Training:**

*Sofia Counselling Center*                      *Palo Alto, CA*                      *Sep, 2015 –June, 2016*

Conducted bi-weekly intakes and participated in group and individual supervision with training focus on third-wave behavioral therapies (CBT, DBT, and ACT); offered individual psychotherapy to clients suffering from moderate to severe clinical depression, anxiety, and trauma; administered psychosocial assessments; and provided individual psychotherapy and treatment planning for seven clients.

*El Camino Hospital*                      *Mountain View, CA*                      *June, 2016–June, 2017*

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Provided group and individual psychotherapy to individuals hospitalized in the Psychiatric Inpatient Care Unit (PICU) for acute psychiatric disturbances; worked as part of an interdisciplinary team with psychiatrists, physicians, nurses, social workers, and occupational therapists in the behavioral health department; attended weekly treatment team meetings to report behavioral observations and communicate neuropsychological test results; participated in group and individual supervision with training focus on interprofessional and collaborative practice; and conducted neuropsychological testing on inpatients to determine or further clarify the nature of cognitive impairments.

*Community Institute for Psych. (CIP)*

*San Rafael, CA*

*Sep, 2017–Sep, 2020*

Engaged in rigorous neuropsychodiagnostic testing with psychiatric and neurological patients referred to CIP from other agencies (i.e., Marin Community Clinics, TMS Clinics, The Brain Center); spearheaded the psychological testing program at CIP; provided individual psychotherapy to SMI clients; and provided emotional support and ruminative therapy to geriatric clients suffering from dementia at Skyview Bay Club in San Rafael. Provided individual psychotherapy to twelve clients with training focus on the psychodynamic tradition; delivered individual and group counseling as well as psychological assessment services to at-risk students at Davidson Middle School in Marin County; provided counseling services to members of the geriatric population at Senior Access in San Rafael; monitored the psychological testing line and conducted telephone intakes; and engaged in rigorous neuropsychodiagnostic testing with patients referred to CIP from other agencies (i.e., Marin Community Clinics, TMS Clinics).

*Western Psychological Services (WPS)*

*Redwood City, CA*

*2019*

Served as a psychometrician for the Tests of Dyslexia (TOD) Standardization Study, sponsored by WPS. Responsibilities included recruiting 32 candidates in the 0-25 and over 50 age range demographic, obtaining their informed consent, and then administering 3 screener subtests (called the TOD- Screener) along with 19 other subtests (called the TOD) to each one. The TOD-S included subtests for: (1) *Picture Vocabulary*, (2) *Letter/Word Choice*, and (3) *Word/Question Reading Fluency*. Alternatively, the TOD included subtests for: (4) *Irregular Word Spelling*, (5) *Blending and Segmenting*, (6) *Rapid Letter Naming*, (7) *Irregular Word Reading*, (8) *Rapid Irregular Word Reading*, (9) *Letter Memory*, (10) *Picture Analogies*, (11) *Oral Reading Fluency*, (12) *Listening Vocabulary*, (13) *Word Patter Choice*, (14) *Passage Reading Fluency*, (15) *Regular Word Spelling*, (16) *Substitution and Deletion*, (17) *Rapid Number-Letter Naming*, (18) *Nonsense Word Reading*, (19) *Rapid Nonsense Word Reading*, (20) *Word Memory*, (21) *Geometric Analogies*, (22) *Sound Symbol Learning*.

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**Faculty Positions Held:**

Instructor in the Department of Clinical Psychology at CIP in San Rafael, CA, with length of tenure from Sep, 2017–Current

Adjunct Professor in the Department of Clinical Psychology at Sofia University in Palo Alto, CA, with length of tenure from Oct, 2019 –Current

Adjunct Professor in the Department of Clinical Psychology at The California Institute of Human Science (CIHS), with length of tenure from September 2025–Current

**Current Employment:**

Attentive Cognitive Mental Health (ACMH)                      *San Ramon, CA*                      *Sep 2021-Present*

Position: *Clinical and Assessment Psychologist*

Provides individual assessment services and psychotherapies to residents of skilled nursing facilities in the Bay Area; and conducts both neuropsychological and psychophysical testing to clarify the nature of acquired neurological deficits for select residents. Other responsibilities include: (1) to integrate with the procedures and environment of skilled nursing facilities, (2) to closely collaborate with physicians, nursing, social services and administrators for interdisciplinary treatment and care planning, (3) to participate in behavioral health meetings, assist with safety risk assessments, ensure proper diagnosis and monitoring for use of psychotropic medications, to (4) assist staff with decision support and documentation for non-pharmacological interventions related to events of crisis, allegations of abuse and reportable events, (5) to provide training and in-service to staff on key mental health topics, and (6) to bill insurance directly for the sake of minimizing or eliminating costs to other organizations.

The DRPK Clinic    *Redwood City, CA*    *Sep 2023-Present*

Position: *Clinical Psychologist and Neuropsychologist*

Offers the following services:

- (1) Comprehensive neuropsychological evaluations for diagnostic clarification, formulation of rehabilitation plans, and treatment guidance. Conditions that are assessed include epilepsy and seizure disorders, stroke, tumor, traumatic brain injuries (TBI), and dementia, as well as neurodevelopmental disorders like ADD/ADHD, autism spectrum disorders (ASD), and dyslexia.
- (2) Comprehensive assessment of smell and taste function to determine the chemosensory ability of employees working in hazardous environments or to detect

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the presence of any underlying non-neurodegenerative conditions (i.e., post-TBI smell dysfunction) and neurodegenerative diseases (i.e., prodromal Parkinsonian syndromes).

(3) Behavioral sleep medicine services, pain neuroscience education to empower patients in managing acute and chronic pain, and specialized education on the link between brain function and mental health, managing stress related to chronic illness, and strategies for cognitive optimization.

(4) Ecologically oriented neurorehabilitation of executive function and memory for individuals with the neuropsychological sequelae of conditions like COVID-19 or neurological conditions/injuries like TBI, stroke, or tumor resection.

Community Institute for Psychotherapy (CIP)     *San Rafael, CA*     *Sep 2025–Present*

Position: *Assistant Psychological Testing Director*

Offers assessment supervision to three predoctoral interns in the areas of psychological, psychophysical, and neuropsychological testing.

**Honors:**

| <b>Award</b>   | <b>Awarding Body</b>            | <b>Reason</b>  | <b>Date/s</b> |
|--|---------------------------------|--|---------------|
| The Paracelsus Award   | The International Alchemy Guild | For the professional website <i>Down the Rabbit Hole</i> | 2014          |
| Editorial Award for <i>Confessions of a Split Mind</i>                       | Pacific Book Review             | Book of exceptional merit                                | 2017          |
| Pacific Book Award for <i>The Creative Advantages of Schizophrenia</i>       | Pacific Book Review             | Best psychology book for 2020                            | 2020          |
| Best Book Award for <i>A Critical Investigation into Precognitive Dreams</i> | American Book Fest              | Finalist in the category of Science                      | 2020          |
| Reviewers' Choice Award for <i>The Creative Advantages of Schizophrenia</i>  | Reader Views                    | 2 <sup>nd</sup> place in the category of societal issues | 2021          |
| Pacific Book Award for <i>A Critical</i>                                     | Pacific Book Review             | Finalist in category of best psychology                  | 2021          |

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|   |   |  |      |
|---|---|--|------|
| <i>Investigation into Precognitive Dreams</i>   |   | book   |      |
| Pacific Book Award for <i>The Creative Advantages of Schizophrenia</i>                | Pacific Book Review   | Best psychology book for 2021  | 2021 |
| Included in the 2023 Doctor's edition of <i>The Best in California Magazine</i>       | <a href="http://www.findatopdoc.com">www.findatopdoc.com</a>        | Included for heterogeneity in terms of clinical expertise and interdisciplinary approach to healthcare | 2023 |
| International Book Award for <i>A Critical Investigation into Precognitive Dreams</i> | American Book Fest  | Finalist in the category of Science  | 2023 |
| Next Generation Indie Book Award for <i>The Riddle of Alchemy</i>                     | Next Generation Indie Book Awards                                   | Finalist in the category of Body, Mind, Spirit   | 2024 |
| The Montaigne Medal for <i>The Riddle of Alchemy</i>                                  | The Eric Hoffer Book Award  | Winner   | 2025 |
| The DaVinci Eye for <i>The Riddle of Alchemy</i>                                      | The Eric Hoffer Book Award  | Finalist   | 2025 |
| <i>The Riddle of Alchemy</i>  | 19 <sup>th</sup> Annual National INDIE Excellence Awards            | Winner in the category of New Age/Nonfiction   | 2025 |
| <i>The Riddle of Alchemy</i>  | The Panorama International Book Award by Writers Capital Foundation | Winner   | 2025 |

**Board Certification/s:**

California (CA) Board of Psychology with license number #PSY32702. Initially licensed June, 2021, and renewed June, 2023. License current.

**Current License (s) to Practice:** As above

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**Diversity, Equity, and Inclusion Activities:**

*Innerspace Drug Safety Services*                      *Collingwood, AUS*                      *July, 2005–July 2014*

Working primarily in the role of community development worker, I conducted weekly intakes and interviews for clients with dual diagnosis issues; ran the expressive art program for self-exploration and life enhancement strategies; assisted with running the Needle and Syringe Program (NSP) which seeks to teach safe injecting practices to injecting drug users; received individual and group supervision; and worked individually with dual diagnosis clients as to burgeon their interpersonal effectiveness and improve communication skills.

*Sponsor a Vet for Life*                      *Wharton, NJ*                      *January 2016–January, 2020*

Co-facilitated psychoeducational group support meetings for war veterans suffering from PTSD, dissociative disorders, depression, and anxiety on a weekly basis; assisted in the development of a psychoeducational course aimed at introducing war veterans to empirically supported treatments (EST), non-empirically supported treatments (non-EST), diagnostic criteria for PTSD, neuroleptic medications, diverse relapse prevention strategies, and ways of garnering social support; wrote letters of support for war veterans seeking compensation and/or medical care; liaised with other group facilitators to organize weekly material for presentation.

**Professional Memberships:**

American Clinical Neurophysiology Society (ACNS)                      Feb, 2024–Ongoing

American Psychological Association (APA)                      June, 2021–Ongoing

**Education and Training Activities:**

*Didactic Teaching and Program Development*

1. Served as a co-instructor alongside the clinical director, Dr. Kelly Yi, for “PSY 39200 –Clinical Psychology Theory & Research: Clinical Applications,” a 3-credit subject taken by graduate students in clinical psychology in the 2019 Spring Quarter at Sofia University, Palo Alto.
2. Served as the instructor for “PSY 2080–Biological Bases of Behavior Part A: Neuroscience,” a 3-credit subject taken by graduate students in clinical psychology

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in the 2019 Fall Quarter; “PSY 2081-Biological Bases of Behavior Part B: Psychopharmacology,” a 2-credit subject taken in the 2020 Winter Quarter; and “PSY 60370-Quantitative Research Methods,” a 3-credit subject taken in the 2020 Winter Quarter at Sofia University, Palo Alto. I developed the syllabus for all three.

3. Served as the instructor for the 2019 Track A and Track B Training Program at the Community Institute for Psychotherapy (CIP) on the topics of “The Human Brain: Anatomy, Physiology, and Functional Neuroanatomy” and “Neuropsychology: Clinical Applications.” I developed the study plan for both.
4. Served as the instructor for “MBA2001–Personality and Motivation,” a 3-credit subject taken by graduate students in the business management and computer science programs in the 2024 Winter, Spring, and Summer Quarters at Sofia University, Palo Alto.

*Thesis Committee Membership*

1. Served as the methods expert for “Overcoming Depression: A Controlled Randomized Pre-Post and Final Test Study on Reducing Depressive Symptoms in Teenagers using Life-Inspire Yoga Program,” by Dr. Jessica Jacobson, a dissertation submitted in partial fulfillment of the requirements for the degree of Doctor of Psychology in Clinical Psychology.

**Special Responsibilities:**

*Greek-Australian Cultural League*                      *Vice President*                      *Dec, 2012 –Dec, 2014*

Attended monthly meetings to organize literary events for Greek- Australian poets and writers; organized fundraisers and the solicitation of sponsors for the non-profit organization and read correspondence letters from members and associates; organized and hosted the annual poetry event in August, featuring some of Melbourne’s most notable poets; and managed the organization’s website, posting short expository articles and news pertaining to upcoming events, literary commotions, and persons in the literary community when requested by the president.

*San Francisco Psy. Assoc. of Grad Students*    *Chair-Elect*                      *Dec, 2014–Dec, 2015*

Elected position, active for 2 years, that allowed psychology students to work collaboratively with psychologists in the San Francisco Bay Area.

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**Clinical Activities:**

Currently provides individual assessment services and psychotherapies to residents of skilled nursing facilities and select rehabilitation centers in the Bay Area; and conducts both neuropsychological and psychophysical testing to clarify differential diagnoses and the nature of acquired neurological deficits for select residents.

**Research Funding:**

| Grant Application                  | Title   | Funding Source                     | Funding Amount | Role  | Dates                 |
|------------------------------------|---|------------------------------------|----------------|---|-----------------------|
| # GRANT14010060<br>Status: Pending | Exploring EEG-Based Biomarkers for Enhanced Pain Therapeutics Using AI-Driven Data Analysis: Integrating Acupuncture and EEG for Improved Migraine Management | National Institute of Health (NIH) | \$2,847,760    | Program Director/Principal Investigator (PD/PI) | June, 2024-June, 2029 |

**Bibliography:**

*Books*

Kiritsis, P. (2017). *Confessions of a split mind*. Bloomington, IN: AuthorHouse.

Kiritsis, P. (2019). *The creative advantages of schizophrenia: The muse and the mad hatter*. United Kingdom: Cambridge Scholars Publishing.

Kiritsis, P. (2020). *A critical investigation into precognitive dreams: Dreamscaping without my timekeeper*. United Kingdom: Cambridge Scholars Publishing.

Kiritsis, P. (2024). *The riddle of alchemy*. United Kingdom: Mantra Books.

*Academic papers*

Kiritsis, P. (2015). Creative expression: Poetry as a healing agent. In *Antipodes Vol. 61*. Melbourne, AUS: Greek Australian Cultural League.

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Kiritsis, P. (2016). The role of narrative in psychotherapy and healing. In *Antipodes Vol 62*. Melbourne, AUS: Greek Australian Cultural League, 152-157.

Kiritsis, P. (2017). Memories of the future: A critical investigation into precognitive dreams. In *Metamorphosis Disintegration, Re-integration, and Conscious Living: A Transpersonal Perspective*. Cambridge, UK: Cambridge Scholars Publishing.

Kiritsis, P. (2018). Empathy: Innate or learned? In *Antipodes Issue 64*. Melbourne, AUS: Greek Australian Cultural League, 74-76.

*Content editor*

Pölzler, T. (2015). Moral judgments and emotions: A less intimate relationship than recently claimed. *Journal of Theoretical and Philosophical Psychology*, 35(3), 177.

González Rey, F. (2016). Advancing the topics of social reality, culture, and subjectivity from a cultural–historical standpoint: Moments, paths, and contradictions. *Journal of Theoretical and Philosophical Psychology*, 36(3), 175.

**Talks and Presentations:**

Kiritsis, P. (2014, June 20). *Precognitive dreams and the collective unconscious*. Lecture presented at The Jung Society Lectures and Discussions in Habitat Canterbury, 2 Mont Albert Road, Melbourne, AUS.

Kiritsis, P. (2014, October 4). *Unearthing our mutual inheritance: the shared mind*. Lecture presented at the 14th EUROTAS World Conference for Transpersonal Psychology in Pilot Beach Resort, Georgioupolis, Chania, GRE.

Kiritsis, P. (2015, June 27). *The ancient Egyptian mother goddess in the context of archetypal mythology, narrative, healing, and postmodern spirituality*. Lecture presented at the Gender, Sexuality, and Transpersonal Psychology Symposium in CQ Functions Centre, 113 Queen Street, Melbourne, AUS.

Kiritsis, P. (2019, April 12-14). *The muse and the mad hatter: the creative advantages of schizophrenia*. Lecture presented at the 2019 ATP International Transpersonal Conference in Pacific Grove, USA.

Kiritsis, P. (2021, June 17). *A critical investigation into precognitive dreams: dreamscaping without my timekeeper*. Lecture presented at the 2021 IASD Annual International Dream Conference virtually with global reach via Zoom.

Kiritsis, P. (2023, August 18-20). *The muse and the mad hatter: at the intersection of creativity and psychopathology*. Lecture presented at the 2023 Sofia University Global Mental Health Conference virtually with global reach via Zoom.

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Kiritsis, P. (2024, August 16-18). *Alchemy as a noetic science*. Lecture presented at the 2024 Sofia University Global Mental Health Conference virtually with global reach via Zoom.

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