

Koke (Jorge) Saavedra, Psy.D.
Clinical Psychologist
CA License: PSY23909

Fully Bilingual: English & Spanish / *Native Speaker of Spanish*

Formal Education

- 08/08** **Doctor of Psychology (Psy.D.) in Clinical Psychology**
The Wright Institute, Berkeley, California
Pre-Doctoral Internship: Child and Adolescent Services, Department of Psychiatry, Children's Hospital & Research Center at Oakland, California.
Doctoral Dissertation: *Toward a New Acceptance and Commitment Therapy (ACT) Treatment of Problematic Anger for Low Income Minorities in Substance Abuse Recovery: A Randomized Controlled Experiment (2007).*
- 08/06** **M.A. in Clinical Psychology**
The Wright Institute, Berkeley, California
- 06/01** **M.A. in Government/Political Science**
Major in *Comparative Politics*, with a focus on human rights and democratization
Georgetown University, Washington, DC
- 06/90** **B.A. in Business & Economics**
Pontificia Universidad Católica de Chile, Santiago, Chile

Clinical Psychologist and Supervisor/Mentor Experience

- 04/25 – Today** **Consultant Clinical Psychologist**
Mental Health Crisis Bed, California Medical Facility (CMF)
California Department of Corrections & Rehabilitation (CDCR)
Vacaville, California
- Offer bilingual (English/Spanish) crisis-focused and rehabilitative psychological services to incarcerated persons hospitalized for danger to self or to others, or grave disability, in Northern California CDCR institutions.
 - Provide suicide risk evaluations, rehabilitative psychotherapy and other related psychological services as member of a multidisciplinary treatment team including psychologists, psychiatrists, nurses, social workers, recreational therapists, as well as correction officers.
- Since 10/06** **Psychotherapist & Consultant in Private Practice**
Petaluma, San Rafael, and Berkeley, California.
- Offer bilingual (English/Spanish) socio-culturally aware and supportive evidence-based psychotherapy to diverse youth, adults, and couples; integrating, as appropriate, various therapy modalities, including CBT & third-generation Behavioral Therapies, such as ACT, MBCT and DBT; interpersonal and attachment-focused psychotherapy; as well as Jungian and mindfulness-based perspectives.
 - Provide evaluations and preliminary assessments as needed for diagnostic and treatment purposes.
 - Strong focus, as needed, and experience working with complex trauma, emotion dysregulation, depression and anxiety, interpersonal problems and personality disorders.
 - Supervisor/Mentor: Provide individual supervision and mentorship to trainees/interns & youth.
 - Provide support/consultation services for local Bay Area organizations.
- 10/23 – 06/25** **Staff Clinical Psychologist** <https://www.bacr.org/healthy-communities-programs>
Healthy Communities & Schools Program
Bay Area Community Resources (BACR)

San Francisco Bay Area, California

- Provide bilingual and socio-culturally informed individual clinical supervision to school-based BACR therapists. BACR is a non-profit providing a wide range of wellbeing programs across the Bay Area; my work is within the Healthy Schools and Communities hub and specifically the in-school Health and Wellness Centers supporting equity of access to resources and opportunities that support the psychological, social-emotional (SEL) and academic growth of young people and their families, including through MH counseling and related programs.
- Provide some training to BACR school-based counselors.

08/17 – 10/23 Staff Clinical Psychologist Department of Psychiatry Kaiser Permanente Medical Center/Offices Petaluma & Richmond, California

- Offered bilingual (English/Spanish) socio-culturally/diversity aware/supportive individual and group-based psychological services to diverse children, youth, families & adult parents within a multidisciplinary, diverse professional team, including psychiatrists, physicians, nurses, social workers, and psychotherapists.
- Worked compassionately to try to offer support and ease a myriad forms of human suffering, flexibly integrating a wide range of therapy approaches.
- Offered weekly therapy groups over the years, including, among others, the following:
 - *Family Wellness Group*, helping parents heal their children struggling with emotions and/or trauma.
 - *Parent Support Group*, 4-week attachment-focused group for parents of children with dysregulated anger.
 - *Teen Life*, a mindfulness and values-living group for diverse adolescents experiencing ruminative depression.
 - *High School Male-Identified Group*, an interpersonal-focused support group for male-identified high schoolers.
- Offered assessments and evaluations for a wide range of conditions, including ADHD, Autism, Psychosis or PTSD Screenings, as well as Behavioral Analyses.
- Provided regular **crisis evaluations, intervention, and consultation for adults, youth and children**, as part of a rotating Crisis Response Team, including weekly and after-hours at the hospital Emergency Room.
- Clinical Supervisor: Provided individual and group-based supervision to psychology, LCSW & MFT interns.

04/15 – 03/23 Mindfulness-Based Family Trainer for Spanish Speaking Parents METAS/STEM Program, Hispanic Serving Institution (HIS) Contra Costa Community College, San Pablo, California

- Provided regular weekend, Spanish language mindfulness training and parenting support to Latinx parents, whose children enrolled in the educational METAS/STEM Program at Contra Costa Community College.
- Co-developed and co-facilitated, with Dr. Mayra Padilla (Dean of Institutional Effectiveness and Equity at Contra Costa College), the experimental full weekend retreat, “Walking Together”/“*Caminemos Juntos*”, a relationship-deepening, attachment-focused, mindfulness-based workshop for Latinx parents & their adolescent children.

10/13 – 10/21 Clinical Director (2013-14), Staff Psychologist, Supervisor & Trainer Seeds of Awareness (SEEDS) Petaluma & Oakland, San Francisco Bay Area, California

- Provided individual & group-based clinical supervision to community-based therapies working with adults; as well as to school-based MFT & psychology trainees/interns.
- Conducted sporadic mental health assessments and evaluations for asylum & hardship-based US visa applicants.
- Provided regular training to SEEDS therapists, especially on ACT, mindfulness- and evidence-based therapies.
- As Clinical Director (2013–2014) was responsible for recruitment, training, supervision, & clinical crisis response.

10/14 – 03/20 Consulting Clinical Psychologist Making Waves Academy Richmond, California

- Delivered a bi-weekly therapy Support Group for Spanish-speaking parents of traumatized children.
- Provided sporadic consultation services, as needed.

10/13 – 06/17 Staff Psychologist & Clinical Supervisor Family Works Community Counseling (FWCC), Richmond, California

- Provided bilingual MH assessments for asylum & hardship-based visa applications.

- Delivered a Spanish language, bi-weekly therapeutic Support Group for parents of sexually abused children.
- Supervisor/Mentor: Conducted weekly individual & group supervision to community counselors serving diverse families.

**08/12 – 08/13 Staff Licensed Clinical Psychologist [Licensed in New Zealand]
 Infant, Child & Adolescent Mental Health Service (ICAMHS)
 Hamilton Hospital, Waikato District Health Board (DHB)
 Hamilton & Hauraki (Thames/Coromandel), Waikato, New Zealand**

- Provided individual, group-based, and school- and home-based psychological services, as well as mobile rural mental health services to diverse children, youth, families, and parents including Maori/Polynesian, as part of a diverse multidisciplinary professional MH team, including physicians, psychiatrists, nurses, social workers, occupational therapists, substance abuse counselors, and therapists.
- Conducted regular crisis evaluation & intervention, as part of a rotating crisis team for suicidal children/youth, including at the Main Hospital ED.
- Conducted, as needed, comprehensive psychological assessments for children and youth to assess for a wide array of possible conditions and guide diagnosis and treatment.
- Provided, as part of my work, group-based training and individual consultation to mental health & medical staff on mindfulness-based & behavioral treatments for children/youth and families.
- **Clinical Supervisor:** Provided weekly individual clinical supervision to three licensed staff psychologists.

**06/11 – 07/12 Staff Clinical Psychologist
 Castlemont/Youth Uprising Community Health Clinic
 Children’s Hospital & Research Center, Oakland, California**

- Offered social justice-oriented bilingual (English/Spanish) individual and group-based, as well as school-based, therapy/support to diverse inner-city youth ages 12 to 22, predominantly African-American & Latinx, most attending Oakland’s Castlemont High School, within a multidisciplinary mental health and medical team.
- Provided crisis assessment/intervention, as part of a rotating crisis team.
- Conducted comprehensive psychological assessments, as needed.
- Provided training and consultations to staff, as needed.
- Worked under the regulatory frame & complied with documentation of the public program EPSDT.
- Clinical Supervisor: Provided weekly individual clinical supervision to psychologist interns/trainees.

**09/08 – 07/11 Training Director & Clinical Supervisor
 Berkeley Cognitive-Behavioral Therapies (CBT) Clinic
 A Wright Institute Training & Community Clinic, Berkeley, California**

- **Manager:** Managed the operations of this community-based training clinic, offering low-fee individual, couples and group-based psychological services to diverse, predominantly low-income adults and college students.
- **Training Director:** managed, developed and facilitated the delivery of weekly training modules.
- **Clinical responsibilities also included:** coordination with clinical team & Wright Institute staff; implementation and maintenance of basic clinical procedures/records, ethical/legal norms; responsiveness to clientele, ensuring quality clinical standards; crisis/risk management; and communications with legal system.
- **Groups offered included:** Mindfulness-Based Stress Reduction (MBSR); ACT for anxiety; and DBT skills training.
- **Clinical Supervisor/mentorship:** Provided weekly individual clinical supervision to between 6-10 psychology trainees per year, as well as group-based supervision, and mentorship support.

**08/06 – 08/07 Group Counselor
 Options Recovery Services, Berkeley, California**

- As a volunteer group counselor, developed an 8-week, trauma-informed Acceptance & Commitment Therapy (ACT) group-based treatment for problematic anger and, over a year, delivered it to six groups of low-income, minority adult (primarily African American) clients receiving community-based substance abuse recovery treatment.
- Clients included a majority reintegrating into society after time in prison.

**02/02 – 02/04 Telephone-Based Suicide Prevention Certified Counselor
 National Suicide Prevention Hotline (1-800-SUICIDE)**

Montgomery County Mental Health Association, Rockville, Maryland

- As a certified suicide prevention volunteer for the National Suicide Prevention Hotline, & the HOPES program of Montgomery County Mental Health Association, Maryland, offered 4 hours per week of telephone support/counseling services, including suicide/homicide prevention, crisis intervention, supportive listening, and social need referrals.
- Widely socio-culturally diverse callers presented with problems ranging from suicidal & homicidal crises, depression, grief, loneliness, stress, or psychosis to unemployment, homelessness, domestic violence, and substance abuse.

Graduate Psychology/Counseling Teaching Experience

- Since 01/25** **Adjunct Faculty**
The Wright Institute
Masters (MFT) Program, Berkeley, CA
Classes taught:
- *Research-Based Practice* (F2F)
- Since 09/24** **Adjunct Faculty**
California Institute for Human Science (CIHS)
Doctor of Psychology Program, Encinitas, CA
Classes taught:
- *Evidence-Based Psychotherapy Approaches and Strategies III* (Online)
 - *Dynamic Group-Based Psychotherapy* (Online)
- Since 09/24** **Adjunct Faculty**
East-West Psychology Program
California Institute of Integral Studies (CIIS), San Francisco, CA
Class to be taught:
- *Imagined Realities: Exploring Psychology & Culture through Myth, Fantasy & Science Fiction* (Hybrid class: F2F/Online)
 - *A Cage in Search of A Bird: Psyche & Culture in (Post)Modern Film, Comics & Story* (Hybrid class: F2F/Online)
- 01/24 – 06/24** **Associate Professor**
Integral Counseling Psychology (ICP) Program
California Institute of Integral Studies (CIIS), San Francisco, CA
Classes taught:
- *Research Methods* (Hybrid class: F2F & Online)
 - *Trauma Treatment* (Hybrid class: F2F & Online)
- 09/15 – 12/22** **Adjunct Faculty**
Graduate Counseling Psychology Program, Ageno School of Business
Golden Gate University (GGU), San Francisco, CA
Classes taught:
- *Group Counseling*
 - *Brief Models of Counseling, evidence-based therapies for children, youth & adults* (F2F)
- 07/19 – 12/21** **Adjunct Faculty**
Integral Counseling Psychology (ICP) Program
California Institute of Integral Studies (CIIS), San Francisco, CA
Classes taught:
- *Child Psychotherapy, for children, adolescents, families, & parents* (F2F & Online)

- 08/20 – 12/20 Adjunct Faculty**
 University of San Francisco (USF), San Francisco, CA
 Doctor in Clinical Psychology Program, School of Nursing & Health
Classes taught:
- *Cognitive-Behavioral & Mindfulness-Based Evidence-Based Therapies, for children, adolescents & adults (F2F)*
- 01/16 – 01/19 Adjunct Faculty**
 Argosy University/American School of Professional Psychology
 Doctor of Psychology Program, Alameda, California
Classes taught:
- *An Introduction to Acceptance & Commitment Therapy (ACT) (F2F)*
 - *Cognitive-Behavioral Therapies/Theories, for children, adolescents and adults (F2F)*
 - *Mindfulness-Based Psychotherapies, for children, adolescents & adults (F2F)*
- 09/08 – 06/16 Faculty & Doctoral Dissertation Chair**
 The Wright Institute
 Doctor of Psychology Program, Berkeley, CA
Classes taught:
- *An Experiential Introduction to Acceptance & Commitment Therapy (ACT) (F2F)*
 - *Evidence-Based Psychotherapies I: Mindfulness-Based & Cognitive-Behavioral (F2F) Therapies for Problematic Anxiety & OCD (F2F)*
 - *Evidence-Based Psychotherapies II: Mindfulness-Based & Cognitive-Behavioral (F2F)*
 - *Therapies for Depression, Trauma, Emotion Regulation (F2F)*
 - *Intervention: Cognitive-Behavioral Therapies (CBT) (F2F)*
 - *Mindfulness-Based Psychotherapies, for children, adolescents and adults (F2F)*
- Doctoral Dissertations Chaired (focused on ACT):**
- *A phenomenological study of the experience of becoming a competent ACT therapist.*
 - *A clinical trial of a jail-based Acceptance & Commitment Therapy group for problematic anger.*
 - *A case study of Acceptance & Commitment Therapy treatment for Prolonged Grief in midlife.*
 - *A clinical trial of an Acceptance & Commitment Therapy group for OCD in adults.*
 - *A theoretical study of Acceptance & Commitment Therapy for Parents of Children suffering from Chronic Pain.*
- 07/07 – 08/07 Guest Teacher**
 University of California San Francisco (UCSF) (F2F)
 Treatment Research Center (TRC) Summer Program
 San Francisco, CA
- Co-delivered, with Patrick Reilly, Ph.D., the *TRC/UCSF Substance Abuse Summer*, consisting of an introduction to substance use problems & research-based treatments.
- 05/06 – Today Selected Guest Lectures**
Various Universities/Community Colleges, Bay Area, California
- Some selected Guest Teacher Lectures delivered:**
- 110/2025 Guest Lecturer: An Introduction to Behavioral Therapies & Principles for Clinicians
Introduction to Psychotherapy, Masters Program, The Wright Institute, Berkeley, California
- 04/2024 Guest Lecturer: Attachment-Focused Therapy for Latinx Families & Parents
Family Therapy, Masters Program, The Wright Institute, Berkeley, California
- 10/2022 Guest Lecturer: Mindfulness-Based Behavioral Therapies
Introduction to Psychotherapy, Masters Program, The Wright Institute, Berkeley, California
- 03/2019 Guest Lecturer: Working with Parents: Building Secure Attachment & Effective Parenting

- Family Therapy Class, Masters in Family Therapy Program, The Wright Institute, Berkeley, California*
- 04/2017 Guest Lecturer: Mindfulness-Based Interventions for Trauma in Children and Adolescents
Trauma-Focused Psychotherapy, Psy.D. Program, Argosy University, Alameda, California
 - 06/2015 Guest Lecturer: Cross-Cultural Communication with Latinx youth and adults for Counselors
Multicultural Communication Class, Counseling Program, Chabot College, Hayward, California
 - 11/2014 Guest Lecturer: Cross-Cultural Communication with Latinx youth and adults for Counselors
Multicultural Communication Class, Counseling Program, Chabot College, Hayward, California
 - 05/2014 Guest Lecturer: Mindfulness, Diversity & Living to Make a Difference
Counseling Psychology Class, Chabot Community College, Hayward, California
 - 04/2014 Guest Lecturer: How to Conduct a Clinical Randomized Controlled Trial (RCT) Experiment
Professional Development Seminar, Psy.D. Program, The Wright Institute, Berkeley, California
 - 10/2009 Guest Lecturer: An Experiential Introduction to Acceptance & Commitment Therapy
Psychotherapy Intervention, Psy.D. Program, The Wright Institute, Berkeley, California
 - 05/2006 Guest Lecturer: An Experiential Introduction to Mindfulness-Based Therapy
Psychotherapy Intervention II, Psy.D. Program, The Wright Institute, Berkeley, California

Non-Psychology Teaching Experience

- 09/99 – 06/01 Teaching Assistant (Doctoral Fellow)**
Government Department, Georgetown University, Washington, DC
 - Delivered weekly undergraduate lectures on Democratization & American Government.
- 03/94 – 07/96 Instructor**
Political Science Department, Universidad Católica de Chile
Santiago, Chile
 - Delivered weekly graduate lectures on classical, medieval, modern & contemporary political philosophy.
- 03/88 – 12/89 Teaching Assistant**
Economics Department, Universidad Católica de Chile
Santiago, Chile
 - Delivered weekly undergraduate lectures on democratization theory.

Professional Trainer Experience

- Since 11/2013 Trainer for Various Local MH & Social Services Organizations**
San Francisco Bay Area, California
 - Regularly develop and deliver professional training programs and events for community-based mental health agencies and other organizations, including the following:
- Since 01/2026 Looking Glass Counseling Program**
Psychological Services Community Program, Eugene, Oregon
 - Offered ACT workshops on culturally-informed psychotherapy for children, youth and adults.
- Since 11/2018 Bay Area Community Resources (BACR)**
Psychological Services Community Program, El Cerrito, California
 - Offered yearly a 2-hour workshop on trauma-sensitive mindfulness-based therapies for children & youth.
- 02/16 – 01/19 La Familia Counseling Service, Mental Health Team, Hayward, California**
 - Offered, at Headquarters, to the Mental Health professional team, an ongoing monthly 2-hour bilingual training seminar on mindfulness-based therapies for children, youth, parents, and families.
- 02/14 – 12/18 Y-Team Mental Health/Counseling Program, YMCA of the East Bay, Richmond**
 - Delivered yearly a 4-hour experiential training on trauma-focused mindfulness therapy for children/ youth.
- 04/15 – 12/2018 Marin County Allied Human Services Clinical Training Program**
Health & Human Services of Marin County, San Rafael, California

- Delivered yearly a 4-hour intensely experiential training on Acceptance & Commitment Therapy (ACT).
- 01/2017 Highland Hospital, Behavioral Health Training Program, Oakland, California**
- Delivered 4-hour workshop on Mindfulness-Based Clinical Intervention to their intern/trainee team.
- 02/14 – 09/15 The Felton Institute, Felton Training Program, San Francisco, California**
- Offered regularly daylong & half-day workshops on Anger Management for diverse Social Service professionals, as part of Felton’s best practices training for San Francisco social service professionals.
- 09/16 – 12/16 Kaiser Permanente Medical Offices, Child & Family Mental Health, Pleasanton**
- Delivered four monthly workshops on Acceptance & Commitment Therapy (ACT) for children & adolescents.
- 01/14 – 04/16 Davis Street Clinic Family Resource Center (DSCFRC)
Clinical & School-Based Counseling Training Program, San Leandro, California**
- Delivered yearly 8-hour experiential trainings on mindfulness-based therapy for minority children & youth.

Selected Presentations

- 11/2025 Guest Presenter: *Treating Child/Adolescent Anxiety and OCD in Schools***
BACR, Clinical Training Program, El Cerrito, California (Online)
- 01/2025 Guest Presenter: *Treating Anxiety with Acceptance & Commitment Therapy (ACT)***
BACR, Clinical Training Program, El Cerrito, California
- 07/2024 Symposium Presenter: *Psychological Flexibility/Rigidity: ACT Applications for Diverse Contexts & Populations: Present Moment Awareness in Psychotherapy***
ACBS World Conference, Association for Contextual Behavioral Science (ACBS),
UBA, Buenos Aires, Argentina
- 02/2024 Guest Presenter: *Attachment Theory and Practical Applications to Psychotherapy***
BACR, Clinical Training Program, El Cerrito, California
- 02/2023 Guest Presenter: *A Brief Introduction to Acceptance & Commitment Therapy (ACT)***
Family Spring, Clinical Training Program, Berkeley, California
- 11/2022 Guest Presenter: *An Introduction to Acceptance & Commitment Therapy (ACT)***
Kaiser Permanente Medical Center, Department of Psychiatry, Richmond, California
- 06/2022 Guest Presenter: *La Terapia de la Aceptación y el Compromiso***
PASEO Salud Mental, Online International Spanish Language Program, Lima, Perú
- 01/2021 Panel Guest: *Returning to School Safely: 7 Vital Things Parents Need to Know* in COVID times.**
Berkeley Unified School District (BUSD), Parents Advocacy Group, Berkeley, California
- 11/2020 Presentation: *Managing Our Stress & Helping Our Children in These Stressful Times.***
Special School Parent & Staff Community Event, Making Waves Academy, Richmond, California
- 01/2019 Guest Presenter: *Secure Attachment as Stress Regulation: Why It Matters & How to Promote It.***
Medical Grand Rounds, Kaiser Permanente Medical Center, Oakland, California
- 10/2018 Presentation: *What Is Secure Attachment, and How to Help Parents Promote It?***
Joint Pediatrics and Child & Family Team Meeting, Kaiser Permanente Medical Center, Richmond
- 03/2018 Keynote Speaker: *Trauma, Social Justice & Healing: Supporting Students & Each Other***
Daylong Staff Stress Support Event, Student Equity Department, Contra Costa College, Richmond
- 10/2017 Panel Guest: *Supporting Adolescents***
Kaiser Permanente Northern California Youth MH Conference, Hyatt Regency, San Francisco
- 11/2016 Keynote Speaker: *Mindfulness-Based Counseling & Stress Reduction in Schools: Why & How?***
New Zealand National School Guidance Counsellors Conference, Dunedin, New Zealand
- 11/2016 Panel Guest: *Promoting Youth Wellbeing in Schools***
New Zealand National School Guidance Counsellors Conference, Dunedin, New Zealand
- 11/2016 Guest Presenter: *Using Mindfulness with Parents to Promote Secure Attachment & Wellbeing***

Otago Chapter of the New Zealand Association of Counsellors, Dunedin, New Zealand

- 09/2016 Keynote Speaker:** *Promoting Healthy, Secure Relationships Between Parents & Youth*
'A Day of Sharing Strategies & Resources': City of San Pablo & San Pablo Koshland Fellows'
San Pablo Youth & Parents Grants Initiative Annual Event, San Pablo, California
- 04/2016 Keynote Speaker:** *Reducing Stress & Anxiety in Schools by Promoting Mindfulness*
1st Bay Area Seeds of Awareness Professional Symposium: Promoting Mindfulness in Our
Schools & Communities, La Peña Cultural Center, Berkeley, California
- 03/2015 Guest Presenter:** *Art-Based ACT Interventions to Ease Obsessions and Chronic Worries in Children*
Bay Area Chapter, Association for Contextual Behavioral Science (ACBS)
Mount Zion Medical Center, San Francisco, California
- 12/2014 Presentation:** *ArchTALK: Mindfulness in the Classroom*
Teacher & Parent Association, Archway Middle School, Berkeley, California
- 06/2014 Presentation:** *Group-Based ACT for Problematic Anger*
12th International ACBS World Conference, Association for Contextual Behavioral Science (ACBS),
Minneapolis, Minnesota
- 06/2014 Presentation:** *Art-Based ACT for OCD in Children*
12th International ACBS World Conference, Association for Contextual Behavioral Science (ACBS)
Minneapolis, Minnesota
- 11/2013 Presentation:** *Freedom to Choose in the Presence of our Fears & Anxieties: Acceptance or Inquiry?*
7th Annual Existential-Humanistic Institute Conference (EHI7), San Francisco, California
- 07/2013 Presentation:** *Mindfulness for Children, Adolescents & Mental Health Providers*
ICAMHS Mental Health & Medical Team, Waikato DHB, Hamilton, New Zealand
- 02/2013 Guest Speaker:** *Using Values-Based, Meaning-Making Interventions with Children & Teens*
Hauraki Mental Health Agencies Cluster Social Services Team Meeting, Thames, New Zealand
- 03/2012 Presentation:** *Mindfulness for Adolescents in Medical Settings*
Teen Clinic, Pediatric Medical Team Training Rounds, Children's Hospital & Research Center, Oakland
- 01/2012 Guest Presenter:** *Understanding & Easing Anxiety for the Elder: A Mindfulness View*
AgeSong, Clinical Training Program of the Existential Humanistic Institute, Emeryville, California
- 08/2011 Presentation:** *Trauma-Informed Psychotherapy Work with Children & Adolescents*
Mental Health Team of the Alameda County Behavioral Health Services, San Leandro, California
- 04/2008 Presentation:** *ACT for Problematic Anger* (with Georg Eifert & Matt McKay, PhD's)
California Psychological Association (CPA), 2008 Annual Convention, Anaheim, California
- 06/2007 Presentation:** *Introduction to Values-Guided Work in Psychotherapy*
Clinical Staff, Santa Rosa Veterans Administration (VA) Outpatient Clinic, Santa Rosa, California
- 04/2006 Guest Presenter:** *A Case of Mindfulness Healing Treatment-Resistant Panic*
Grand Psychiatric Rounds, Department of Psychiatry, Kaiser Permanente Medical Center, Richmond

03/13 – 06/19 International Trainer (New Zealand & Australia)

Compass Seminars* (www.compass.ac.nz)

*Approved continuing education training provider for MH professionals in Australia/New Zealand.

- Delivered 20+ seminars/workshops, each for about 40-120 professional participants, in over 10 cities in New Zealand/Australia, including Auckland, Christchurch, Wellington, Hamilton, Brisbane & Sydney.
- Professional workshops delivered multiple times included the following:
 - 3-Day Workshop on Mindfulness-Based Interventions for Children/Youth
 - 2-Day Advanced Mindfulness Skills for Helping Professionals
 - 1-Day Intensive on Mindfulness-Based Interventions for Children/Youth
 - 1-Day Intensive Training on Acceptance & Commitment Therapy
 - 1-Day Intensive on Mindfulness with Parents and Families

**04/11 – 06/18 Faculty, Continuing Education (CE) Program for MH Professionals
John F. Kennedy University, Pleasant Hill & Berkeley, California**

- Delivered 20+ Continuing Education (CE) trainings/workshops, each for about 6-25 mental health professional participants. Workshops delivered included the following:
 - 2-Day Mindfulness for Parenting & Secure Attachment
 - 2-Day Introduction to Acceptance & Commitment Therapy (ACT)
 - 1-Day ‘Wrestling with a Goopy Monster’: A Mindfulness Treatment for OCD & Chronic Worries in Children
 - 1-Day Mindfulness-Based Therapies for Adult Stress & Anxiety
 - 1-Day Mindfulness-Based Therapies for Children & Adolescents
 - 1-Day Contemporary Behavioral Principles for Clinicians (mindfulness-based)
 - 1-Day Mindfulness-Based Therapies for Depression in Adolescents & Adults
 - 1-Day Training on Acceptance & Commitment Therapy (ACT) for Problematic Anger

Political Science & Public Policy Work Experience

**06/99 – 04/04 Education Consultant/Social Scientist
The World Bank, Washington, DC, USA**

06/99 - 03/03 *Education Team, The World Bank Institute (WBI)*

- Provided technical assistance in education policy reform to the World Bank Institute, with a focus on access/equity.
- Managed the *Economics & Financing of Education* module of the *World Bank Education Reform Core Course*.
- Developed papers, training materials & case studies for policymakers to enhance education equity/quality.
- Co-managed international education policy seminars, such as *Education Reform in the Pacific Island Countries* (Nadi, Fiji, 11/1999), and *Education Financing in Central America* (videoconference seminar, 10/2002).

01/01 - 04/04 *Human Development Sector, Latin American Region*

- Provided technical assistance in the area of economics and financing of education for the LAC Region.
- Conducted the *2003 Bolivia Primary, Secondary & Tertiary Education Public Expenditure Review*, to assess equity, cost-effectiveness & quality of public funding in K-12 and higher education, to improve public policy.

01/01-04/04 *Human Development Sector, Eastern European & Central Asia Region*

- Provided technical assistance in the area of economics and financing of education for the ECA Region.
- Conducted the *Economic & Financial Analysis* of the *First Lithuania Education Improvement Project*, to assess equity, cost-effectiveness & quality of education provision in Lithuania, so as to enhance public policy.
- Co-managed the *International Seminar on Effective Education Financing in Eastern Europe* (Vilnius, Lithuania, 06/01) to share international educational experiences between Eastern Europe & Central Asia countries.

**09/1996 – 06/2001 Doctoral Fellow
Government Department, Georgetown University
Washington, DC**

- Conducted doctoral-level research on democratization, human rights & political development in Latin American and Southern European countries. Delivered periodic lectures on democratization and American government.

**6/1992 – 07/1996 Chief Editor, Political Science Review
Political Science Department, Universidad Católica de Chile
Santiago, Chile**

- Edited the international, refereed academic journal *Revista de Ciencia Política*.

Professional Publications

- Saavedra, Koke (currently in preparation). *The Case of Frankenstein’s Creature: Attachment, Social Discrimination, Identity Development, and ‘Antisociality’ in Youth*.
- Saavedra, Koke (2012). ACT Group Protocol. In: Matthew McKay, Avigail Lev and Michelle Skeen. *Acceptance and Commitment Therapy for Interpersonal Problems: Using Mindfulness, Acceptance, and Schema Awareness to Change Interpersonal Behaviors*. Oakland: New Harbinger, 131-191.

- Saavedra, Koke (2007). *Toward a New Acceptance and Commitment Therapy (ACT) Treatment of Problematic Anger for Low Income Minorities in Substance Abuse Recovery: A Randomized Controlled Experiment*. Psy.D. Dissertation. The Wright Institute, United States, California. Retrieved February 10, 2009 from Dissertations & Theses: Full Text Database. (Publication No. AAT 3306472).
- Saavedra, Jorge (2004). Education: Structure, Financing, Quality and Equality. In: The World Bank, *Bolivia: Public Expenditure Management for Fiscal Sustainability and Equitable, Efficient Public Services*. Economic Report of the Latin America & Caribbean Region, World Bank, Washington, DC, 1: 119-58.
- Saavedra, Jorge (2003). *An Unorthodox Guide to Statistics for Education Reformers* [CD-ROM]. The World Bank Institute. Washington, DC.
- Saavedra, Jorge (2002). *Education Financing in Developing Countries*. Background paper of the World Bank Core Course Strategic Choices in Education Reform, World Bank Institute, 34 p.
- Saavedra, Jorge (2002). Economic and Financial Analysis of the Lithuanian Education System. In: The World Bank, *Lithuania: First Education Improvement Project*. Project Appraisal Document of the Eastern Europe and Central Asia Region of the World Bank, Washington, DC, 1, 19-20.
- Saavedra, Jorge (2002). *Education Financing in Developing Countries: The Efficiency Challenge*. Background paper of the World Bank Core Course Strategic Choices in Education Reform, WBI, 28 p.
- Murnane, Richard, Peter Mook, & Jorge Saavedra (2001). *Supply and Demand in Education: How Markets Allocate Scarce Resources*. Training paper of the World Bank Core Course Strategic Choices in Education Reform, World Bank Institute, March/April, 12 p.
- Murnane, Richard, Peter Mook, & Jorge Saavedra (2001). *Evaluating Educational Investments*. Training paper of the World Bank Core Course Strategic Choices in Education Reform, WBI, Mar-Apr, 12 pp.
- Waiser, Myriam, Jorge Saavedra, and Karen Lashman (2000). Strategic Choices for Education Reform: A Core Course of the World Bank Institute. Summary Report on an Evaluation of the Pilot Offering. Washington, DC: The World Bank. 13 p.
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Other

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- Zen practitioner, vow to the five precepts.
 - Yoga practitioner.